

Thuy-vy Nguyen

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CONTACT INFORMATION

Department of Clinical & Social Sciences in Psychology
Box 270266, University of Rochester
Rochester, NY 14627

EDUCATION

- 2011 – present** The Department of Clinical & Social Sciences in Psychology
University of Rochester
M.A., Social-Personality Psychology
- Thesis: “Good” versus “Bad” Perfectionism: Does Motivation Matter?”
- Ph.D. Candidate in Social-Personality Psychology
Advisors: Edward L. Deci, Ph.D.; Richard M. Ryan, Ph.D.
- 2009 – 2011** School of Behavioral and Organizational Sciences
Claremont Graduate University
M.A., Positive Organizational Psychology
- Thesis: “Exploring the relationship between solitary activities and orientations to life satisfaction”
- Advisors: Mihalyi Csikszentmihalyi, Ph.D.
- 2006 – 2008** School of Social Sciences
University of California, Irvine
B.A. in Cognitive Sciences
Minor: Philosophy

PEER-REVIEWED PUBLICATIONS

- Davis, O. C., & Nguyen, T. T. (2017). Conditional Positive Regard. In V. Zeigler-Hill, T.K. Shackelford (eds.), *Encyclopedia of Personality and Individual Differences*, DOI 10.1007/978-3-319-28099-8_1458-1
- Hu, T., Guo, H., Sun, H., Nguyen, T. T., & Luo, J. (2017). Spice up Your Chat: The Intentions and Sentiment Effects of Using Emoji. *arXiv preprint arXiv:1703.02860*.
- Hu, T., Xiao, H., Nguyen, T. T., & Luo, J. (2017). What the language you tweet says about your occupation. *arXiv preprint arXiv:1701.06233*.
- McPhetres, J. K., & Nguyen, T. T. (2017). Using findings from the cognitive science of religion to understand current conflicts between religious and scientific ideologies. *Religion, Brain, and Behavior*, <http://dx.doi.org/10.1080/2153599X.2017.1326399>

Nguyen, T. T., & Deci, E. L. (2016). Can It Be Good to Set the Bar too High? The Role of Motivational Regulation in Moderating the Link from High Standards to Academic Well-Being. *Learning and Individual Differences*, 45, 245-251.

Nguyen, T. T., Ryan, M. R., & Deci, E. L. (*in press*). Solitude as an Approach to Affective Self-Regulation. *Personality and Social Psychology Bulletin*.

Nguyen, T. T., & Zuckerman, M. (2016). The Links of God Images to Women's Religiosity and Coping with Depression: A Socialization Explanation of Gender Difference in Religiosity. *Journal of Psychology of Religion and Spirituality*, 8(4), 309.

MANUSCRIPTS UNDER REVIEW

Nguyen, T. T., & Soenens, B. Embracing me-time: Motivation for solitude during transition to college.

Nguyen, T. T., & Weinstein, N. Identifying Personality Characteristics associated with the Capacity to be Alone using Big-Five Theory, Attachment Theory, and Self-Determination Theory

BOOK CHAPTERS

Davis, O. C., & Nguyen, T. T. (2017). Conditional Positive Regard. In Zeigler-Hill & Shackelford (Eds), *Encyclopedia of Personality and Individual Differences* (pp. 1-4). Springer International Publishing. DOI 10.1007/978-3-319-28099-8_1458-1

Nguyen, T. T., & Deci, E. L. (2016). Intrinsic versus Extrinsic Motivation. In H. L. Miller, Jr. (Ed), *The SAGE Encyclopedia of Theory in Psychology* (pp. 475-478). Thousand Oaks, CA: SAGE publications, Inc.

CONFERENCE PRESENTATIONS

Nguyen, T.T. (August 2010). Exploring the Relationship between Creative Solitude and Life Satisfaction. Paper presented at the 118th Annual Convention of the American Psychological Association, San Diego, California, USA.

Nguyen, T.T., Ryan, R. (May 2014). Manifestations of Personality Traits in Social and Solitary Experiences. Paper presented at the Inaugural Meeting of Social Psychologists around Western New York, Rochester, New York, USA.

Nguyen, T.T., Deci, E. L. (August 2014). Overcome Perfectionism: The Buffering Effect of Autonomy in Maintaining Resilience Against Failure. Symposium presented at the American Psychology Association-Division 10 Hospitality Suite at the 122th Annual Convention of the American Psychological Association, Washington, D.C., USA.

Nguyen, T. T. (May 2015). Breaking the Wall of "Me Time". 3-minute presentation at the 2015 Falling Walls Lab Rochester organized by the University of Rochester and the Falling Walls Foundation.

Nguyen, T. T., Ryan, M. R., Deci, E. L. (May 2015). The value of solitude in daily well-being: A Self-determination perspective. Symposium presented at the 2nd Annual Meeting of the Social Psychologists Around Western New York conference, Buffalo, New York, USA.

Nguyen, T. T., Ryan, M. R., Deci, E. L. (May 2016). How solitude affects mood: The bigger picture. Paper presented at the 3rd Annual Meeting of the Social Psychologists Around Western New York conference, Syracuse, New York, USA.

Nguyen, T. T., Ryan, M. R., Deci, E. L. (May 2018). Cultivating the benefits of daily solitude: The role of autonomous motivation in moderating the effect of practicing solitude on daily well-being. Paper presented at the 15th International Conference on Motivation, Thessaloniki, Greece.

Nguyen, T. T., Ryan, M. R., Deci, E. L. (April 2018). Solitude as an approach to affective self-regulation. Paper presented at the 2018 The Consortium of European Research on Emotion at University of Glasgow, Glasgow, UK.

INVITED TALKS

American Jewish University, Los Angeles, CA **April 2010**

University of California, Santa Barbara, CA **July 2015**

Carleton University, Ottawa, Ontario, Canada **January 2016**

State University of New York at Potsdam, Potsdam, NY **May 2017**

Bath University, Bath, United Kingdom **June 2018**

POSTER PRESENTATIONS (* supervised undergraduate students)

*Cui, F., Nguyen, T. T., McPhetres, J. K., & Deci, E. L. (January 2017). Influence of Information on Uncertainty. Poster presented at the 17th annual meeting of the Society for Personality and Social Personality, San Antonio, Texas, USA.

*Cui, Y., & Nguyen, T. T. (August 2017). Does the person I admire tell me about who I am. Poster presented at the 4th Annual Meeting of the Social Psychologists Around Western New York conference, Rochester, New York, USA.

Nguyen, T. T., Pearlman, S. L., & Davis, O. C. (July 2011). Developing Self-Insight: The Self-Determination Theory Perspective. Poster presented at the Second World Congress on Positive Psychology, Pennsylvania, USA.

Nguyen, T. T., & Davis, O. C. (August, 2011). Solitary Activities and Happiness Orientations. Paper presented at the 119th Annual Convention of the American Psychological Association, Washington, D.C, USA.

- Nguyen, T. T., Davis, O. C., & Deci, E. L. (August 2012). Intrinsic Striving for Excellence versus Introjected Pursuit of Perfection. Poster presented at the International Conference on Motivation, Frankfurt am Main, Germany.
- Nguyen, T. T., Deci, E. L. (June 2013). The Role of Autonomy in the Pursuit of Perfection. Poster presented at the 5th International Conference on Self-Determination Theory, Rochester, New York, USA.
- Nguyen, T. T., Deci, E. L. (February 2014). Perfectionism is Not Adaptive Unless it is By Choice. Poster presented at the Happiness and Well-Being Pre-conference at the 15th annual meeting of the Society for Personality and Social Psychology, Austin, Texas, USA.
- Nguyen, T. T., Ryan, M. R., Deci, E. L. (February 2015). The Capacity to Be Alone. Poster presented at the 16th Annual Meeting of the Society for Personality and Social Psychology, Long Beach, California, USA.
- Nguyen, T. T., Ryan, M. R., Deci, E. L. (May 2015). How Time Alone Predicts Daily Well-Being: The Self-Determination Perspectives. Poster presented at the 27th Annual Convention of the Association for Psychological Science, New York, USA.
- Nguyen, T. T., Deci, E. L. (May 2015). Motivation Determines Optimal Benefits of Personal Standard Perfectionism on Learning. Poster presented at the 27th Annual Convention of the Association for Psychological Science, New York, USA.
- Nguyen, T. T., Ryan, R. M., Deci, E. L. (January 2016). Being Alone and Unoccupied: Cultivating the Benefits of True Solitude for daily life. Poster presented at the 17th Annual Meeting of the Society for Personality and Social Psychology, San Diego, California, USA.
- Nguyen, T. T., Ryan, M. R., & Deci, E. L. (January 2017). Differentiated Effects of Solitude on Affect Activation and Affect Valence. Poster presented at the 17th annual meeting of the Society for Personality and Social Personality, San Antonio, Texas, USA.
- *Panny, B., Nguyen, T. T., & Deci, E. L. (January 2017). Solitude, Social Interaction, and Daily Well-being. Poster presented at the 17th annual meeting of the Society for Personality and Social Personality, San Antonio, Texas, USA.

TEACHING EXPERIENCE

University of Rochester, Rochester, New York
Department of Clinical and Social Psychology Sciences

Title: Adjunct Instructor

- Psychology of Gender (Summer 2014)
- Theories of Personality and Psychotherapy (Summer 2016)

Title: Graduate Teaching Assistant, 2011 - present

- Social and Emotional Development

- Research Methods
- An Approach to Human Motivation
- Theories of Personality and Psychotherapy

UNIVERSITY AND COMMUNITY SERVICE

Guest Speaker, *Life Project For Youth, Vietnam*, July 2015
 “Building Confidence through Satisfaction of the Basic Psychological Needs”

Guest Speaker, *Allendale Columbia School, Rochester, NY*, March 2015
 “Why we do what we do? A Self-Determination Theory Perspective”

Lecture Committee, *Clinical and Social Sciences in Psychology, University of Rochester*

- Invited guest speakers for the 2013-2014 and 2016-2017 series meetings on current research and methods in Social-Personality Psychology

Invited Speaker, *Tedx SunyGeneseo, Geneseo, NY*, March 2017
 “How to master the art of being alone”
 Retrieved from: <https://youtu.be/34ttspXxYlw>

FELLOWSHIPS / AWARDS / GRANTS

- 2018** Emory Cowen Award for Best Publication by a Graduate Student, University of Rochester
- 2017** Awe and Interest in Science. Center for the Integration of Research, Teaching and Learning. *National Science Foundation: GR506000*. \$1200. (Role: Co-PI)
- 2017** University of Rochester’s “Three Minute Thesis” Competition 1st Place Winner.
- 2017** Society of Personality and Social Psychology’s Diversity Fund Graduate Travel Award. Awarded.
- 2017** Society of Personality and Social Psychology’s Graduate Travel Award. Awarded.
- 2016** Graduate Student Association’s Conference Travel Funding Award. University of Rochester, New York, USA. Awarded.
- 2016** American Psychological Association’s International Conference Registration Grant. Awarded.
- 2015** Dean’s Travel Award from the Office of Graduate Studies at University of Rochester, New York, USA. Awarded.
- 2012** American Psychological Association Student Travel Award. Awarded.
- 2011** American Psychological Association Division 10’s “3-Minute Thesis” Competition 2nd Place Winner.
- 2011** American Psychological Association Student Travel Award. Awarded.
- 2011** Dean’s Travel Award from the School of Behavioral and Organizational Sciences at Claremont Graduate University, Claremont, California, USA. Awarded

THESES SUPERVISED

Cui, F. (2017). Does Supportive Relationship Influence People's Goal Pursuit?

Hughes, S. (2015). Self-Disclosure Experiences as a Function of Perfectionistic Self-Promotion: Analyses of Mediation and Moderation Factors.

Panny, B. (2017). The Effects of Eudemonic Pursuits and Intentions on Awe and the Need for Cognitive Closure.

REFERENCES

Edward L. Deci

Professor Emeritus of Psychology and
Helen F. & Fred H. Gowen Professor Emeritus in the Social Sciences
University of Rochester
Rochester, NY 14627
Email: deci@psych.rochester.edu

Richard M. Ryan

Professor at the Institute for Positive Psychology and Education
Australian Catholic University
Research Professor in Psychology
University of Rochester
Meliora Hall, Rochester NY, 14627
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Miron Zuckerman

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University of Rochester
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